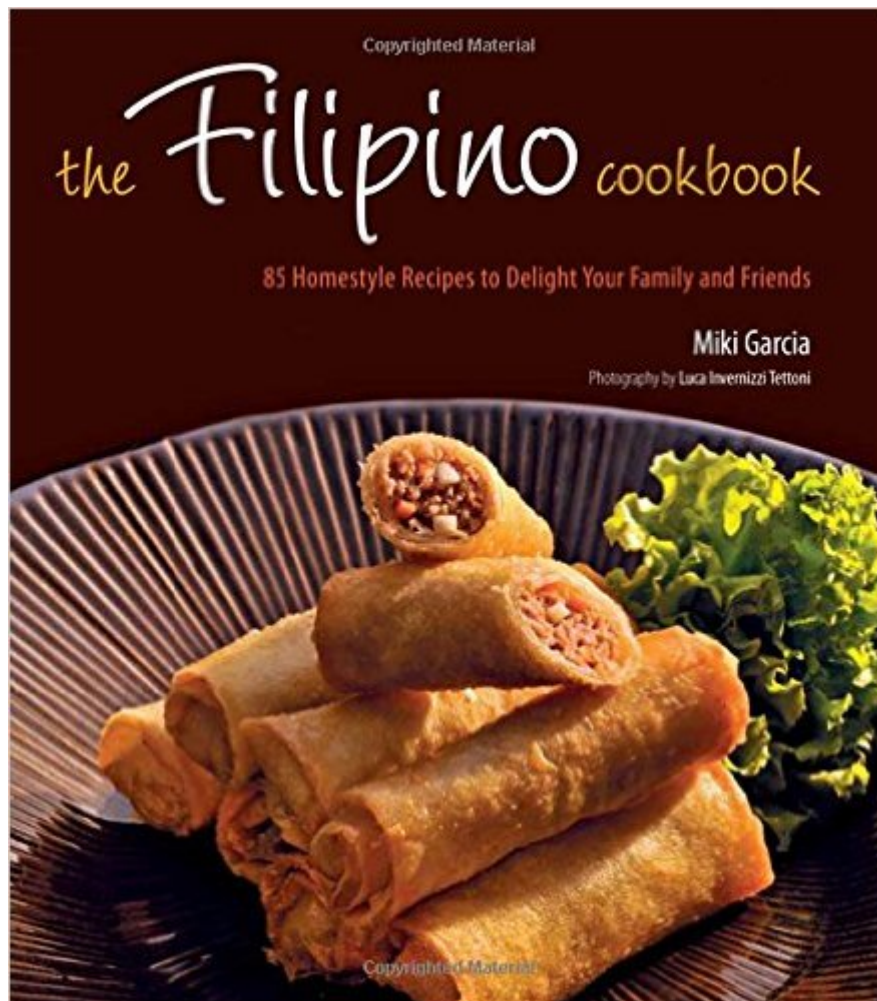


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# The Filipino Cookbook: 85 Homestyle Recipes To Delight Your Family And Friends



## Synopsis

Learn authentic and delicious recipes with this beautifully illustrated Filipino cookbook. This delightful collection of 85 tried and tested recipes from the Philippines showcases the full range of authentic dishes from the country. Each region has its own distinct food culture and the book relates the secrets and soul of dishes that create the cultural mosaic that is the Philippines. The Filipino Cookbook features easy, step-by-step instructions that Filipinos and non-Filipinos alike will enjoy. Learn to make the famous vegetable dishes of the Tagalog peninsula to the seafood and noodles of the Visayan Islands and the spicy and colorful curries of Mindanao. Learn to make a perfect Pinakbet (Sauteed Vegetables with Shrimp Paste) or a delicious Halo-Halo (Mixed Fruits Dessert). Regale your friends with a wonderfully easy Paella (Rice and Seafood Medley) and Morcon (Stuffed Beef Roll) or an amazing bowl of Pininyahang Manok (Chicken with Pineapple). Utilizing readily available ingredients, The Filipino Cookbook allows the home cook to create authentic Filipino food at home, whether you are one of the 4 million Filipino-Americans living in the United States or simply interested in trying something new. Authentic Filipino recipes include: Pan de Sal Bread Rolls, Wonton Soup, Crispy Lechon Pork, Chicken Adobo, Sweet and Sour Fish, Mung Bean and Spinach Stew, Noodles with Shrimp and Tofu, Sweet Banana and Jackfruit Rolls, Iced Tapioca Pearl and Jelly Drink.

## Book Information

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## Customer Reviews

As a Filipino, I'm amazed and delighted by the cultural accuracy of this book. I chuckle to myself every time I crack this book open. For instance, for the "vegetables" chapter, the author openly

admits that "Filipinos are not known for their consumption of vegetable-only dishes". I've had this problem every time I'm invited to a "cultural potluck" and someone in the group is vegetarian -- it just doesn't work! Even Pinakbet, the quintessential vegetable dish of the Philippines, is flavored with bagoong (shrimp paste). I usually end up just making a dessert. Here's another one: "Pulburon cookies... have become popular pasalubong (gifts or souvenir items) purchased by people who visit the Philippines for friends back home". I thought this was just a thing within my family! As for the recipes, they are extremely accurate as well. The Kare-Kare (oxtail stew) calls for regular old sweet peanut butter, not that "all natural" stuff. It also doesn't make you grind the peanuts yourself. It presents each recipe just as a REAL Filipino would cook it, not some "gourmet" permutation. I highly recommend this book not only as a cookbook, but also as a cultural guide to Filipino cuisine.

I bought this book because it features some Kapamangan recipes. I know the Kapampangans are well-known in the Philippines for their fine cuisine. I have tried some desert recipes and they were so yummy (especially Leche Flan and yemas my personal favorites) and my friends loved them too. I will update this review once I have tried other recipes in this book. I can't wait to try adobo... The book is glossy shiny good quality print, with mouthwatering photographs!

There are about 3 recipes in this book that I love and they have become a part of our regular monthly dinner menu. If I liked seafood I think that I would have many more favorites. Pictures are great, easy to understand instructions and the measurements are written for an American audience (meat in pounds instead of Kilos, cups not gramsâ ) Glad I got it.

I've looked at Filipino cookbooks before and this one has a great lay-out that makes learning how to make Filipino food easy and fun. Great explanation of things to know before starting to cook.

Pictures are great.

I bought this book to expand my usual repertoire of Filipino dishes. The recipes I have tried have gotten rave reviews especially during potlucks. The only recipe I had a problem with was in making the salted eggs, I still have to try doing it again before I completely give up. But aside from that, all the dishes we tried were tasty and the book even improved some of my old recipes. The pictures were gorgeous and instructions clear and helpful. I definitely recommend this book to anyone who is still on the fence whether to buy it or not.

Haven't made anything personally but the book is a great piece to have irregardless due to the quality of the material and the layout of the inside. Excellent pictures and education about the food and culture.

Recipes are easy to follow and delicious. You will love this book as long as you like Asian cuisine. You can also buy the ingredients easily at any Asian store.

My wife is from the Philippines and loves traditional dishes. Her family moved to the U.S. when she was young, but still remembers the food. Her mother could only remember a few recipes and they were horribly distorted. This book helped my wife and her family cook the food they remember. It was like old nostalgic memory lane, and I was the champion for providing the source (this book).

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